

# Childbirth Education Classes 2020

Monday Evenings 6:30—8:30pm



## Winter session:

January 6, 13, 20, 27

## Spring session:

April 6, 13, 20, 27

## Summer session:

July 6, 13, 20, 27

## Fall session:

October 5, 12, 19, 26

- ◆ Free of charge!
- ◆ Car Seat Safety
  - ◆ Infant CPR
  - ◆ Safe Sleep
    - ◆ Labor
- ◆ Breastfeeding
- ◆ Pain Management
- ◆ Earn Baby items and more!



The logo for First Care CLINIC features a stylized teal leaf icon to the left of the text. 'First Care' is written in a large, flowing, teal script font, and 'CLINIC' is written below it in a smaller, teal, all-caps sans-serif font.

Call 608-259-1605 to register